

**Church Lane Primary School & Nursery**

**Preschool Safer Eating Policy**

Here at Church Lane primary School & Nursery, the safety of our children is our number one priority. We promote being nut free within our school & nursery setting and understand different children may have different allergies and intolerances to certain foods.

We also recognise that children within our preschool setting will be at different age and stages when it comes to eating and have created this policy to ensure all children have the safest experience at mealtimes whilst in our care.

As a nursery we will:

* Ensure that whilst children are eating, there will always be a member of staff present that holds a valid paediatric first aid certificate.
* During the registration process for Church Lane Primary School & Nursery, we will obtain information about any special dietary requirements, preferences, food allergies and intolerances.
* We will ensure any information regarding the child’s dietary requirements is shared with all members of the team that are involved in preparing and handling of the food.
* A health care plan will be created for any child with allergies, and this will be updated regularly and will be accessible to all staff members.
* Where Epi Pens may be needed, we will ensure staff members have the relevant training to ensure effective administration of these.
* We will not assume a child’s stage regarding the eating of solid foods. This will be discussed through the registration process and regularly with parents/carers.
* We will ensure that food is served and prepared in a way to prevent choking and follow the Food Safety- Help for Early years Providers.
* Children will be seated in appropriately sized chairs whilst eating.
* Children will always be in sight and hearing of a member of staff whilst they eat. this is to ensure silent choking is identified quickly and to prevent the sharing of food and be aware of any unexpected allergic reactions.

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Created by: Callum Clay

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